

We are delighted that you have decided to purchase this Kari Me baby carrier and join the growing group of parents and carers who have chosen to carry their babies using our soft carrier

The western world has relatively recently started rediscovering the benefits of carrying babies close to the carer's body using baby slings, baby warps and baby carriers.

This approach of raising babies has been continually maintained by many cultures all over the world.

Researchers and physicians now accept that 'baby wearing' is one of the most important factors in the healthy physical, intellectual and social development of infants.

To learn more about the benefits of baby wearing.

The benefits of using Kari Me baby wrap are:

- Babies in Kari Me baby siling know that they are safe and secure, and have a solid sense of self-esteem.
- The Kari Me wrap encourages bonding with the carer.
- Kari Me baby carrier can prevent or minimise colic and crying in young babies.
- Carried babies spend more time in the 'quiet alert' state, which is the optimum state for learning.
- At an eye-level view babies can be at the centre of activity rather than the centre of attention.



 While using the Kari Me baby carrier the carer's hands are free and they can continue their daily activities and chores, such as shopping, attending to other children etc.

• The Kari Me baby sling makes daily travelling with a baby smooth and easy and is especially useful for holiday travel.

• The lightweight and small size of the Kari Me baby wrap, makes it very easy to carry around.

• With five possible positions, Kari Me baby carrier is more versatile than any other product currently on the market, allowing front, side and back carrying.

Kari Me carrier allows breast-feeding while carrying the baby.

• The Kari Me carrier can be used by infants from birth up to 3-4 years old or 15 Kg (33lb) toddlers, which makes it one of the longest lasting baby slings on the market.

• The Kari Me baby carrier is suitable for different body shapes and sizes of both parent and child.

 The Kari Me baby sling organic natural and feeling is created by the composition of its fabric (over 90 per cent cotton) and the simplicity of the product.



• Kari Me baby wrap has better weight distribution than most other carriers, with more weight supported by the waist near the centre of gravity, releasing pressure from the back and shoulders. This is physically beneficial for new mothers, whose body is still vulnerable after birth.

• Kari Mes Baby carrier unique harnessing system allows the parents to carry their babies safely and comfortably for longer periods of time.

• The lack of fixtures, stitches and adjustments makes the Kari Me baby sling a very safe baby carrier.

For simplicity we have used the male form (him, his, he...) but these instruction are identical for female babies.

Please visit our website to download a large format manual, see our <u>baby wrap instruction video</u> and to learn more about

the benefits of baby-wearing.www.kari-me.com

If, like us, you feel strongly about promoting babywearing, please contact our care line + 44 20 70 196 196 to receive an information pack about rewarding ways to do so. You can also register to our affiliate program or reseller programs.



• Make sure that there is an open airway and sufficient ventilation for the baby at all times.

• Keep chin off the chest - a baby should never be curled so their chin is forced onto their chest as this can restrict their breathing. Ensure there is always a space of at least a finger width under your baby's chin.

Make sure that the carrier is secured to the carer's body with a double knot before holding

the baby.

• Take care not to overheat your baby, this is particularly important in hot weather or high room temperature and when the baby has a fever.

• Inspect your baby carrier before every use. In the case of identifying any damage to the carrier avoid using the carrier until contacting the product care line for advice.

• Do not use the baby carrier while cooking in front of a stove or any other source of heat.

- The carrier is suitable for babies from birth to toddler whose body weight is up to 15Kg (33l b).
- Your balance may be adversely affected due to movement of you and your child.
- Take great care when bending or leaning forward.
- Do not go to sleep while wearing your baby in Kari Me baby carrier.



Warning

- This carrier is not suitable for sports activities.
- To avoid the risk of suffocation: keep the carrier bag away from babies and small children. Do not let your baby or toddler play with the carrier.
- The age range recommended for each position should be followed, however further consideration should be made for the baby's weight, development, comfort, and the carer's preference and physical condition.

In case you have any queries regarding the

• usage of the carrier please call the product care

line.

Cuddly

Huggy (Tummy to tummy)

Baby faces the world

Back position

v v v v v v x v v x x v x x v

(Situb months)

12 months

356

Kari Me baby carrier Washing instructions

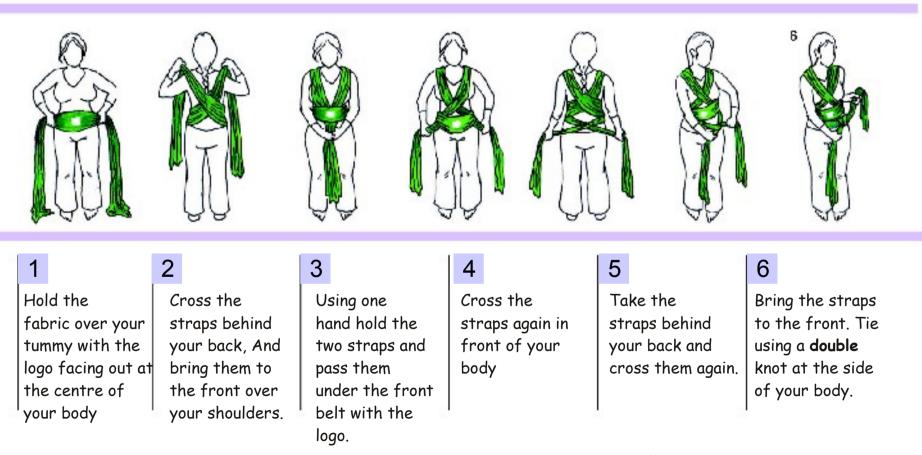
- You can wash your **Kari Me** in a washing machine at 300C 400C.
- Not suitable for use with a tumble dryer.



Basic Knot

This is the place to start using your new Kari Me baby carrier, the basic knot is the basis for four of the positions: Cuddly, Huggy, Baby Faces the World & side. After applying this knot you can move to the desired position's instructions.

Important: The carrier should be close to your body and not loose. If your baby is held too low or wiggling about when you walk, take him out, undo the knot, then tighten the straps and re-tie the double knot.



Tip: if you travel by car, wear the Kari Me at home before leaving. On arrival, all you have to do is simply take the baby out of the car seat and into the Kari Me.

Cuddly

This position can be used from baby's birth and it is ideal for sleeping or breast-feeding. The Cuddly position will give the young baby all the warmth and surrounded feeling he requires at these initial stages. Start by applying the basic knot and then follow the instructions step by step.











1

Slide the outer strap, which crosses your chest, off your shoulder.

2

Using both hands spread the remaining strap wide open over your other shoulder and arm. Fold the fabric in half and gather it over your shoulder, creating a sling style pocket between the two layers of fabric.

3

Carefully
place the baby
within the
pocket
you have just
created.

4

Pick up the strap you have slid off your shoulder and reposition it over your shoulder and across your baby.

continued on p 9

Cuddly

Follow these instructions to complete the Cuddly position.









5

Slide the outer strap, which crosses your chest, off your shoulder.

6

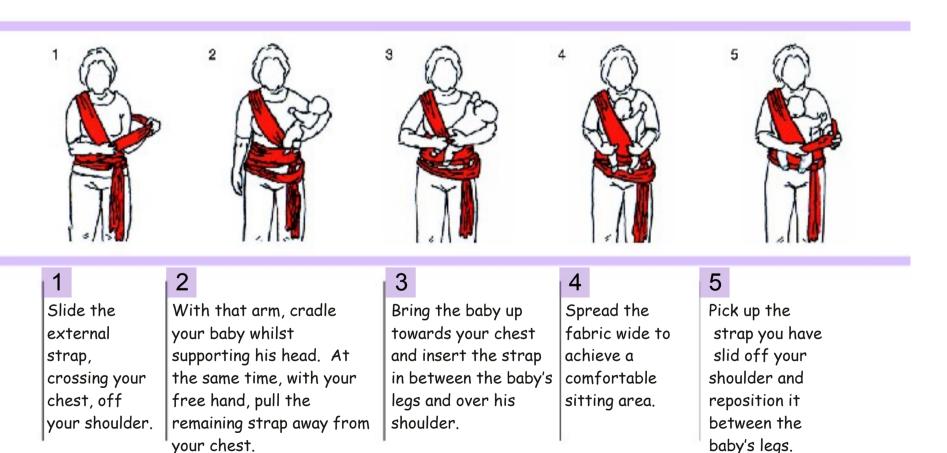
Stretch the fabric strap with the logo over the baby to achieve the final position.

NOTES

- •To achieve the best position for breast feeding take the baby's lower arm out of the carrier, between your arm and the side of your body.
- •To increase the carer's comfort, increase the fabric surface area over your waist and shoulders.
- •To undo please reverse the steps (6-1) while supporting the baby at all times.

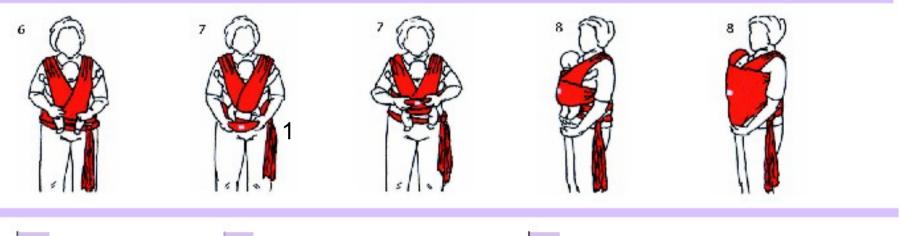
Huggy (Tummy to Tummy)

This position can be used from birth. When using this position at an early age (before the baby can support his head properly) the baby's head must be always supported by the fabric. The position is suitable for moving around with your baby and while putting him to sleep. Start by applying the basic knot and then follow the instructions step by step.



Huggy (Tummy to Tummy)

Follow these instructions to complete the Huggy (Tummy to Tummy) position.



6

Spread the fabric wide to achieve a comfortable sitting area.

7

Stretch the fabric strap with the logo over the baby to achieve the final position. To increase the carer's comfort, increase the fabric surface area over your waist and shoulders.

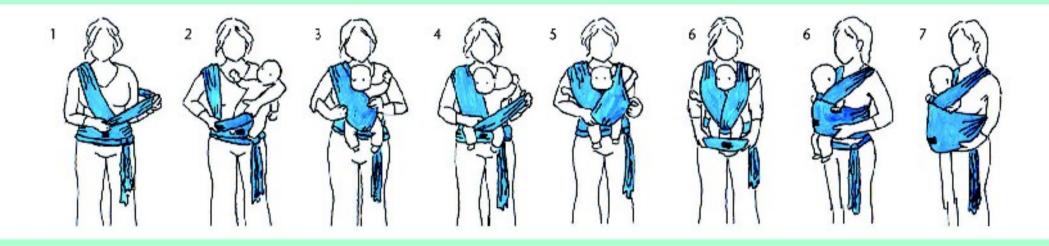
8

Important: For younger baby, use one of the shoulder straps to support the head (see photo p.4). On cold days spread the fabric to get better thermal protection over their legs, arms and head.

NOTE: To undo please reverse the steps (8-1) while supporting the baby at all times.

Baby faces the world

This position can be used when your baby has reached the stage where he can support and turn his head freely to the sides. It is suitable for moving around with your baby while he is exploring the world at eye level. Start by applying the basic knot and then follow the instructions step by step.



Slide the external strap, crossing your chest, off your shoulder.

2 Hold your baby using one hand facing away. Insert achieve a the remaining fabric strap between his legs and over his

shoulder.

3 Spread the fabric wide to comfortable sitting area.

Pick up the strap vou have slid off your shoulder and reposition it between the baby's legs and over his other shoulder.

Spread the fabric wide to achieve a comfortable sitting / leaning area. Ensure the fabric is comfortable around the baby's neck.

5

6 Stretch the fabric strap with the logo over the baby to achieve the final position.

On cold days or for better support, spread the fabric over the baby's legs and hands.

NOTE: To undo please reverse the steps (7-1) while supporting the baby at all times.

Side Position

This position is suitable for babies from 6 months old and is good for older toddlers as well. This hip carrying position allows the baby to explore the world while feeling close to his parent. Unlike other slings, the baby's weight is distributed across both shoulders, back and waist.

Instructions: follow the instructions on page 10-11 to achieve the Huggy position. Then continue with the instructions below.



Start by putting the baby in the Huggy position (as in page 10-11).

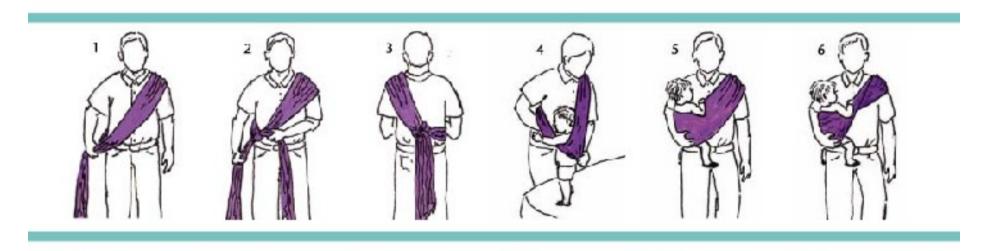
Shift the baby to one side until he sits comfortably over your hip. 3

2

Free the baby's arm at your front and leave the other arm under one of the shoulder straps. When the baby is a sleep you can support his head with the strap that covers his arm. You can also cover the other arm for extra support

Side position 2

This position should be used from approximately 10 months or when the baby can sit up by himself. This is a hip carrying position that requires less effort than carrying by hand and so is more comfortable and safer for the child. To undo please reverse the steps (6-1) while supporting the baby at all times.



1

Place the fabric over your shoulder with the logo on your shoulder. 2

Tie the fabric using a double knot.
How tight?
If you stretch the fabric downwards it should not extend below the hip.

3

Move the double knot to the centre of your back. Tie the remaining strap loose around your waist 4

Create an opening between the carrier and your body for the child to fit inside.

5

The child's bottom should be placed against the carrier fabric as you sit him on your hip opposite the shoulder on which the fabric lies.

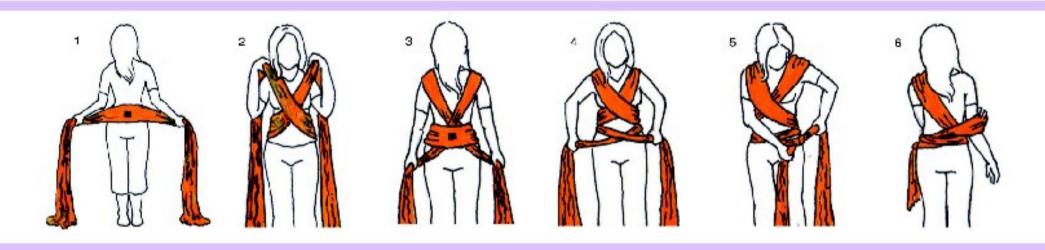
6

Twist the shoulder strap over once (by pulling the bottom edge up and over, and then the top edge down and under).

Back position

This position is to be used from when the baby can sit up independently. This position is ideal for long trips and gives the baby the ability to explore his environment while feeling safe with his parent. For setting up or undoing this position you will require a second adult.

DO NOT try setting up or undoing this position without help. Follow the instructions step by step.



1

Using both hands, place the carrier on your back with the logo facing out at the centre of your body.

2

Cross the straps at the front, and bring them to the back over your shoulders.

3

Using one hand hold the two straps and pass them under the belt (with the logo) at your back and across them.

4

Cross them again in front of your body.

5

Take one of the straps behind your back and tie them up using a double knot at your side.

6

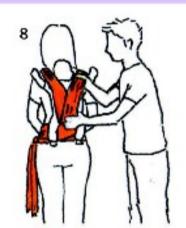
Locate the strap which crosses externally at the back and slide it off your shoulder

Back position

Remember - do not try setting up this position without the assistance of a second adult helping you to put the baby on your back.

To undo please reverse the steps (11-7) while a second adult supports the baby at all times.











7

A second adult will hold the baby. Using one hand insert the fabric strap between his legs and over his shoulder. 8

Pick up the strap you have slid off your shoulder and reposition it between the baby's legs and over his other shoulder.

9

Spread the fabric wide to achieve a comfortable sitting area for the baby.

10

Stretch the fabric strap with the logo over the baby to achieve the final position.

11

On cold days spread the fabric wide to achieve better thermal protection. When the baby is sleeping you can support his head by covering it with one strap over your shoulder.



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Customer care

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Instruction booklet for baby carrier baby wrap baby sling www.Kari-Me.com