

BEAN BAG GAMES



There are lots of great games to be played with bean bags that will help children develop all sorts of skills. Here are some ideas...



1 On the pavement outside, draw circles, squares or triangles with chalk. Try to throw the bean bag inside the shape. Once your aim is good, take a big step back and see if you can do it from further away.

3 Throw the bean bag to someone else and they throw it back. Keep your eyes on the bean bag and have your catching hands ready. Start standing close to each other, once that's too easy take a big step back and try to do it standing further apart. How many times can you throw and catch it without dropping it? Can you break your record each time?

5 Stand up teddies or other (non breakable) toys and practice your aim by trying to knock them down. Once your aim is good, take a big step back and see if you can do it from further away.

2 Draw a target (3 circles inside each other). Throw your bean bags at the target one at a time. If your bean bag lands in the outside circle you score 1 point, if it lands in the middle circle you score 2 points and if it lands in the bullseye you score 3 points. Add up your points. How many throws did it take you to get 10 points? Once your aim is good, take a big step back and see if you can do it from further away.

4 Throw the bean bag up in the air and catch it. Keep your eyes on the bean bag and have your catching hands ready. Can you throw it a little bit higher each time?

